

RESOURCES



D/SAOC—Domestic/Sexual Assault Outreach Center
888-356-2006
www.dsaoc.com



Crisis Intervention Service
641-423-0490
24hr crisis lines: Domestic Abuse: 855-424-9133; Sexual Assault: 800-479-9071
www.cishelps.org



National Teen Dating Abuse Helpline
866-331-9474 or text 'LOVEIS' to 22522 * online chat available
www.loveisrespect.org



National Domestic Violence Hotline
800-799-7233 * online chat available
www.thehotline.org



RAINN—National Sexual Assault Hotline
800-656-4673 * online chat available
www.rainn.org



National Human Trafficking Hotline
888-373-7888 or text to 233733
www.polarisproject.org



Iowa Coalition Against Domestic Violence
515-244-8028 or text 'IOWAHELP' to 20121
www.icadv.org



Iowa Victim Service Call Center
800-770-1650 or text 'IOWAHELP' to 20121
www.survivorshelpline.org